



Hugh Rogers State President

July 2016

On behalf of myself and my family I would like to thank everyone who sent condolence cards, posted condolences on face book and attended my wife's funeral, for your love and support, it was very much appreciated during this sad time.

LiveLighter Aged Care Games Geraldton

On 23rd May a SRCWA travelled from Perth to Geraldton to conduct the LiveLighter Aged Care Games on 24th May at the Geraldton QE11 centre. 6 teams took part in the games and it was great to see those teams have such fun, all the teams had never taken part in an aged care games event before and they had a great time.

The winning team was Juniper Hillcrest with 230 points, second place went to Northampton Kalbarri Health Centre 2 with 187 points, third place went to Geraldton Community Care 2 with 172 points and the best presented team was Geraldton Community Care 1, the oldest participant on the day was Audrey Clifton who was 95 years young.

It was a good opportunity to meet with the new Geraldton Branch members who assisted on the day with setting up and volunteering with the scoring and assisting the aged care teams.

SRC also took the opportunity to demonstrate Pole Walking and provide a Seniors Exergaming WA demonstration to the Branch members whilst we were in Geraldton.

Seniors Masquerade Ball, 8th June 2016, Astral Ballroom, Crown

The 2016 Seniors Masquerade Ball was a sell out with over 200 people in attendance. Our Special thanks go out to our sponsors Crown, Have a Go News, Dept. of Sport & Recreation, Dept. of Local Govt. & Communities and Casey Australian Tours.

The Theme "Masquerade Ball" was embraced by almost all who attended the ball and quite a few wore their masks all day. The table centres and balloons helped to brighten up the ballroom and followed through with the theme.

An outstanding afternoon floor show was performed by the Simply Swing dancers who had the dancefloor full to overflowing at the interactive part of their show. Thank you Markus, Tracey, Michelle & Amy from Simply Swing for the floorshow.

Once again our dance music by the "Offspring Band" was a perfect compilation of dance music played throughout the afternoon, thank you Mark, Alan, Roger and Tony, .

SRCWA State Vice President Phil Paddon welcomed everyone and introduced the Hon. Tony Simpson MLA, Minister for Local Government; Community Services; Seniors & Volunteering; Youth who addressed the audience and officially opened the ball.

Once again SRCWA thanks the hard work of its volunteers and staff who made this event so successful.

SRCWA Country Music Concert, Sunday 19th June 2016

Three hundred and seventy seniors packed in to the Morley Recreation Centre for the SRCWA Country Music Show on Sunday 19th June 2016. This was the third concert presented by SRCWA and with each concert the demand for tickets has increased and the concert was sold out well before the event. The feedback from the audience was that they thoroughly enjoyed the variety of artists and can't wait for the next one. This concert featured the multi-talented balladeer and yodeller Laura Downing from Queensland. Renowned Artist Balladeer Brian Letton from Tamworth and his close mate Rob Breese. Band of Mates Terry Bennetts, Evan Platschinda and Ginger Cox Talented Guitarists and Country Balladeers, and local crowd favourite Kate Hindle with a special guest appearance by Kingsley Day & Phil Rego.

SRCWA would like to thank and acknowledges all the volunteers who helped set up for this event, those who donated the prizes for the raffle and those who put a lot of time and effort in making this concert such a great success.

A big thank you and well done to event organisers SRCWA Vice President Phil Paddon and Terry Bennetts of Red Dog Music.

Tech Savvy Seniors – Connected Seniors event.

This workshop was conducted in partnership with Telstra as part of Telstra's sponsorship of the TSS program.

75 seniors attended a hands on technology event on 10th June at the Telstra building, West Perth. This event was very popular and it gave those who attended the opportunity to use a Samsung or iPad tablet, demonstrating how user friendly these technology devices are and providing the opportunity to discuss different options with their mobile phones. One of the most heart-warming and exciting outcomes from the workshop was when a Telstra staff member sat down with Joy Houghton and helped her to skype her family who she hadn't spoken to face to face in 5 years, she was so excited and loved the fact that SRC and Telstra were providing such a wonderful service. We also welcomed residents from Amana Living who joined us on the day.

Telstra supplied, morning tea, lunch, Samsung and iPad tablets and lots of staff to assist the seniors with this workshop.

LiveLighter Seniors Activity Information Day

On 25th August SRCWA will be conducting a free LiveLighter Seniors activity information day at the Masonic Hall, 16 Furnissdale Road, Furnissdale.

Activities will include, Seniors Exergaming WA, carpet bowls, skittles, seated hockey, beanbag toss, carpet golf and many others. There will also be a wide variety of senior specific information stalls available.

A light lunch and morning tea will be provided free for participants, registration is essential as places are limited, please call 94929773 to register your attendance numbers.

Have a Go Day 2016 a LiveLighter Event, 9th November at Burswood Park

REGISTRATION OPEN -

Have a Go Day, a LiveLighter Event organised by Seniors Recreation Council of WA is an activity/information sharing event for over 45's and last year attracted an attendance of 15,000 participants and 220 exhibitors.

Registration forms are now available for Clubs/Groups, Not for Profit agencies and Commercial entities; forms can be obtained from our web site: www.srcwa.asn.au or by calling 9492 9771 to register your interest.

For details of events and programs run by Seniors Recreation Council of WA visit our website www.srcwa.asn.au