



Hugh Rogers State President

### May 2016

#### LIVELIGHTER AGED CARE GAMES BUNBURY REGION

On the 7th April 2016 SRCWA held the Bunbury Region Live Lighter Aged Care Games at the South West Sports Centre, Bunbury.

It was a fabulous day with 10 teams competing, the teams came together from Nursing Homes, Aged Care Facilities and Day Centres to compete in games specifically designed for people in care.

Nola Marino MP, Member for Forrest welcomed everyone to the event with a short speech and then officially opened the games, everyone sang Advance Australia Fair and MC for the day Phil Paddon explained the games rules and invited all the teams to their playing areas.

The games played were seated hockey, seated pass ball, beanbag toss and skittles with the TAFE students and carers from each agency competing in a fun event.

SRCWA sincerely thanks Betty McCleary who entertained the participants during the lunch break with her demonstration of Zumba Gold, she was ably assisted by 2 ladies from her class and the Bunbury TAFE students who followed her lead in the demonstration.

The winners were Harvey HACC team 2 with 280 points with Bethanie Force coming second with 274 points and Collie Adult Day Centre coming third with 233 points. The best presented team was Leschenault Retirement – Village People and the oldest participant on the day was Mary Birch, 101 years young from Bunbury Opal Gardens.

A big thank you to the Bunbury TAFE Students who helped setup and pack down everything on the day and to the Department of Corrective Services Access program for supplying Trustees to pick up chairs & tables from the Scouts and Guides centres and deliver them back again at the end of the event.

Congratulations to all the participants for coming and having a go and a big thank you to Barbara Fleay, Bunbury Branch President and the Bunbury Branch committee and all the volunteers who helped make the day such a great success.

### **SRCWA ROCKINGHAM BRANCH, HAVE A GO DAY**

On Wednesday 13th April 2016, Seniors Recreation Council of WA's Rockingham Branch held its 6th Annual Have a Go Day at the Aqua Jetty, Warnbro. Congratulations to Frances Cheney & the SRC Rockingham Branch for the tireless work they did putting this event together. It was an excellent day which showcased club/groups from Rockingham and surrounding areas and the activities on the day were Xbox Kinect, Fair Maids of Perth, Swing dancing, Petanque, Swing N Sway, Pole Walking and much more.

The free Hospitality tent manned by volunteers was very busy providing many cups of tea and coffee and bottled water to participants during the day. At the opening those present were addressed by The Mayor of Rockingham, Barry Sammels & Paul Papalia CSC MLA and Councillor Joy Stewart acted as MC for the opening and throughout the day.

Frances Cheney, President of SRC Rockingham Branch thanked all the sponsors for their valuable contributions especially ALCOA, City of Rockingham & Aqua Jetty the major sponsors for the day.

A big thank you goes to all the volunteers who helped make this day a success from the Rockingham Branch organising committee to the hands on volunteers who worked to ensure an excellent event.

Also thank you to the Trustees from Wooroloo who helped to pack down the event at the end of the day.

This event would not have been possible without the magnificent sponsorship of; ALCOA, City of Rockingham, Aqua Jetty, Telstra, Have a Go News, Stockland, Betta Electrical, Kennards Hire, IGA, LiveLighter Healthway, Dept of Sport & Recreation and Dept of Local Government & Communities.

### **SRCWA COUNTRY MUSIC SHOW**

**SUNDAY 19TH JUNE 2016, MORLEY SPORT AND RECREATION CENTRE, 12.30 TO 5.00PM.**

The Country Music Show will feature the following artists, Laura Downing, Brian Letton, the Band of Mates, Kate Hindle & Kingsley Day throughout the afternoon.

Cost for tickets \$28.00pp includes refreshments during the interval.

For further information and/or to purchase tickets call Kate Chetwin 9492 9771

## **SRCWA ANNUAL SENIORS BALL 2016**

The “Seniors Masquerade Ball” will be held in the Astral Ballroom, Crown Perth on Wednesday 8th June, 1pm to 4.30pm. Afternoon tea is provided with the entertainment featuring the live band “Offspring”, ticket cost \$35pp with discount for group bookings.

There will be a door prize and many other prizes donated by Crown Perth and Have a Go News.

This event is proudly sponsored by Crown Perth & Have a Go News. Put this date in your diary, to book tickets and for further information contact Kate Chetwin 9492 9771.

## **HAVE A GO DAY 2016 A LIVELIGHTER EVENT, 9TH NOVEMBER AT BURSWOOD PARK**

### **REGISTRATION OPEN -**

Have a Go Day, a LiveLighter Event is an activity/information sharing event for over 45's and last year attracted an attendance of 15,000 participants and 220 exhibitors.

Registration forms are now available for Clubs/Groups, Not for Profit agencies and Commercial entities; forms can be obtained by calling 9492 9771 to register your interest.

**For details of events and programs run by Seniors Recreation Council of WA visit our website [www.srcwa.asn.au](http://www.srcwa.asn.au)**