



## President's Jottings

# Seniors Recreation Council of WA Inc.



Hugh Rogers State President

## June 2017

### LIVELIGHTER SENIORS ACTIVITY/INFORMATION DAY IN VINCENT

LiveLighter Aged Care Games Greater Geraldton Region

On the 16th May 2017 SRCWA conducted the LiveLighter Aged Care Games at the Geraldton QE11 centre.

The Geraldton Games were excellent, the enthusiasm was wonderful and there were over 12 volunteers organised by the Geraldton branch. Also in attendance were three Aged Care students from TAFE who spent most of the day assisting the competitors. Additionally we had two boys from the local college who participated in the fun of the day.

There can be no question that everyone enjoyed the day and they all came away smiling. The most significant part of the day was when everyone was presented with medallions, one of the participants said "this is best day outing I have had this year".

The games were opened by Councillor Bob Hall and Phil Paddon MC'd the event and also took all the volunteers through the rules and scoring the games.

It was a wonderful game with all the participants having a great time, the winners were Hill Crest Hurricanes, Juniper with 325 points; second place went to Geraldton Community Care – team Clyde with 250 points and third place went to Geraldton Community Care – team Bonnie with 243. points and the Best Presented team plaque was awarded to Hill Crest Hurricanes – Juniper.

The oldest person competing on the day was Flo Weston 93 years young who was part of the Bonnie team.

Congratulations to all the participants for coming and having a go and a big thank you to Phil & Pat Paddon, Quentin Smythe and Lee Patrick who travelled from Perth to assist with the games and also to Christine Mullender, Greater Geraldton Branch President and the Greater Geraldton Branch committee and all the volunteers who helped make the day such a great success.

SRCWA would like to thank LiveLighter, Healthway for Sponsoring the LiveLighter Aged Care Games and to Department of Sport & Recreation and Department of Local Government and Communities for their support.

## **“GRASSROOTS, THE SECRET LIFE OF SPORT AND RECREATION”.**

The Department of Sport & Recreation have produced a book celebrating volunteers who have provided many years of volunteer service to Sport and Recreation in WA. The book is titled “Grassroots, The Secret Life of Sport and Recreation”. The book was launched at a morning tea on Tuesday 9th May 2017 by the Minister for Sport and Recreation Hon. Mick Murray MLA. Many of the volunteers featured in the book were in attendance including myself. I was very proud to have my volunteering story included in this publication along with a wide variety of volunteers. Volunteering has been a major part of my life for over 50 years and I love giving back to the community. Being a volunteer with SRCWA for the past 24 years has been a privilege and one I hope to continue doing in the future.

## **SRCWA MID-YEAR COUNTRY MUSIC CONCERT 2017: - STILL A FEW TICKETS AVAILABLE**

This year SRCWA is pleased to announce that due to popular demand there will be two concerts held.

Mandurah Seniors and Community Centre, Saturday 8th July, 12.30 to 4.30pm

Morley Sport and Recreation Centre, Sunday 9th July, 12.30 to 4.30pm.

The concerts will feature the following artists, Laura Downing, Brian Letton, the Band of Mates & Kingsley Day throughout the afternoon.

Tickets are \$30pp contact Kate Chetwin 9492 9771 for ticket sales.

## **HAVE A GO DAY, A LIVELIGHTER EVENT, BURSWOOD PARK, WEDNESDAY 1ST NOVEMBER - SITE HOLDERS: REGISTRATION NOW OPEN**

This year Have a Go Day celebrates its 25th Anniversary in Burswood Park, in 1993 SRCWA was invited to bring Have a Go Day to Burswood Park from McCullum Park. Initially the event occupied the area in front of the sound shell beside the lake and it has grown over the last 25 years with last year hosting 220 site holders and providing many thousands of Seniors with activities, entertainment and information on the day. This year Have a Go Day would like to invite everyone to come along and help with the celebrations. Have a Go Day, a LiveLighter Event is a free event for Seniors and is the premier event in Seniors Week.

Application forms are now available, to register your attendance for static display space for clubs and groups, not for profit agencies and commercial organisations – contact Kate Chetwin on 9492 9771 or email [kate.chetwin@srcwa.asn.au](mailto:kate.chetwin@srcwa.asn.au) This event is the ideal platform to showcase your information to the over 50's in Western Australia.

**For details of events and programs run by Seniors Recreation Council of WA visit our website [www.srcwa.asn.au](http://www.srcwa.asn.au)**