



Hugh Rogers State President

## March 2017

### LIVELIGHTER AGED CARE GAMES, BODDINGTON

On the 22nd February SRCWA held the Boddington LiveLighter Aged Care Games, the day was a great success with 4 teams coming together from Boddington, Harvey & Narrogin. All the games were played with great enthusiasm.

Linda Howlett performed the National Anthem and Councillor Martin Glynn, Acting Shire President opened the games. Entertainment during the lunch break was provided by Eddie Storm OAM, he led the participants in a sing-a-long and everyone enjoyed his performance.

Phil Paddon, MC for the day explained the games rules to the volunteers and then called the teams to the playing area and encouraged everyone to have a good time.

Congratulation to all the participants for coming and having a go, a big thank you to Dawn Newman and to the volunteers from Boddington Hospital Auxiliary, Newmont Mines, South 32 Mine and SRC, all the volunteers helped make the day a great success.

The winners of the Boddington LiveLighter Aged Care Games were:- 1st Boddington Seniors Group, 261points, 2nd Narrogin HACC, 238 points & 3rd Southwest Community Care, 236. The Best Presented Team was Southwest Community Care and the oldest competitor was Gloria Batt, aged 94 years young.

The LiveLighter Aged Care Games are Sponsored by LiveLighter Healthway, Dept. of Sport & Recreation & Dept of Local Government and Communities.

### SRCWA ANNUAL SENIORS CAMP AT CAMP QUARANUP

Monday 6th February 2017 saw 35 campers attend SRCWA 2017 Camp Quarunup in Albany. The camp is the ideal forum where old friendships are renewed and new ones made.

During the camp participants took part in numerous activities such as bush walks, canoeing, craft, belly dancing, table tennis, exercise programs, archery, boot scooting, an organised day out, a movie night and a camp concert. Talks and demonstrations from the Albany Surf Lifesaving Club and the Department of Fisheries were very interesting and enjoyed by all.

SRCWA would like to thank camp Coordinator Eileen Stark and her group of dedicated volunteers and helpers also to the Camp office and kitchen staff for all their hard work in making the SRCWA Camp Quarunup an event many look forward to annually.

## **SRCWA ROCKINGHAM BRANCH, HAVE A GO DAY, a LiveLighter Event**

On Wednesday 12th April 2017, Seniors Recreation Council of WA's Rockingham Branch is conducting a Have a Go Day at the Aqua Jetty, 87 Warnbro Sound Avenue, Warnbro, 10am to 2pm.

This free event will showcase club/groups from Rockingham and surrounding areas. There will be a variety of activities to "Have a Go" at and many static displays.

If you are a Club, Group, Community organisation or Business and you would like to get involved in the day please contact Frances Cheney email: srcwarockingham@gmail.com or phone: 9592 7651 for further details.

This event is Sponsored by ALCOA, Aqua Jetty, City of Rockingham, Have a Go News, LiveLighter Healthway, Stockland, IGA – Chelmsford Ave, Kennards Hire, Telstra, Simply Swing, Dept of Sport & Recreation and Dept of Local Govt. and Communities.

## **SRCWA ANNUAL SENIORS BALL 2017**

The "Swinging Years Ball" will be held in the Astral Ballroom, Crown Perth on Wednesday 7th June, 1pm to 4.30pm. Afternoon tea is provided with the entertainment featuring the live band "Offspring" and afternoon floor show by "Simply Swing", ticket cost \$36pp. There will be a door prize and many other prizes donated by Crown Perth and Have a Go News. To book your tickets or for further information call Kate Chetwin on 9492 9771. This event is proudly sponsored by Crown Perth & Have a Go News.

## **SRCWA MID-YEAR COUNTRY MUSIC CONCERT 2017: - 2 VENUES**

This year SRCWA is pleased to announce that due to popular demand there will be two concerts held.

Mandurah Seniors and Community Centre, Saturday 8th July, 12.30 to 4.30pm

Morley Sport and Recreation Centre, Sunday 9th July, 12.30 to 4.30pm.

The concerts will feature the following artists, Laura Downing, Brian Letton, the Band of Mates & Kingsley Day throughout the afternoon.

Tickets are \$30pp contact Kate Chetwin 9492 9771 for further information or tickets.

## **DIARY DATE:**

Seniors Week 2017

- 29th October to 6th November 2017

Have a Go Day, a LiveLighter Event, celebrates 25 years in Burswood Park.

- 1st November 2017

**For details of events and programs run by Seniors Recreation Council of WA visit our website [www.srcwa.asn.au](http://www.srcwa.asn.au)**