



President's Jottings

Seniors Recreation Council of WA Inc.



Hugh Rogers State President

July 2018

FREE SCAMS INFORMATION SESSION - Don't Get Ripped Off

Seniors Recreation Council of WA and Consumer Protection invite you to attend a free information session. Friday 20th July 2018, 10am to 12noon in Leederville

Phone 9492 9774 to register your attendance, places are limited.

Annual Seniors "Enchanted Garden" Ball 6th June 2018

The 2018 Enchanted Garden Ball was sold out well in advance of the event with over 200 people attending, there was a great number of Ballroom Dancers attending this year which made the dance floor look spectacular from the opening dance.

Vice President Phil Paddon welcomed everyone and introduced the Hon. Mick Murray MLA, Minister for Seniors and Ageing; Volunteering; Sport and Recreation who officially opened the Ball.

The afternoon tea was enjoyed by everyone and the floor show by the Rock n' Roll Social Dance Club had the dancefloor full to overflowing at the interactive part of their show.

The table centers and ballroom decorations carried the theme of the Enchanted Garden with bright flowers butterflies and fairies which looked great as everyone entered the ballroom. The photo studio also picked up the theme with lots of flowers and greenery as the backdrop, the printed photo's were very popular this year.

The live dance music was presented by "Satin Doll" band who produced a perfect compilation of dance music.

Thank you to the hard work of our volunteers and staff who made this successful event possible.

We have had emails and some phone calls congratulating SRCWA on a very successful Ball.

There were some lovely prizes won throughout the afternoon - overnight accommodation at Crown Metropol including breakfast, also a \$150 restaurant voucher – compliments of Crown Perth; 2 bottles of Moet Chandon Champagne compliments of Have a Go News; \$190 Travel Pass compliments of Casey Australia Tours and 4 spot prize packs compliments of Have a Go News, everyone who won the prizes were delighted to receive them.

Our Special thanks go to our sponsors Crown Perth, Have a Go News, Dept. of Local Government, Sport and Cultural Industry, Dept. of Communities and Casey Australia Tours.

Tech Savvy Connected Seniors Event

Friday 15th June 2018 saw more than 200 seniors attend a Tech Savvy Connected Seniors event at the Loftus Recreation Centre in Leederville. The event presented by SRCWA in partnership with Telstra was a resounding success. People at the event had the opportunity to discuss their technology issues with more than 30 Telstra Digital Ambassadors, who volunteered for the day. Our MC for the day Boyd Brown Telstra Area General Manager WA, introduced our guest speaker Jenny Seaton, she was followed by informative presentations by NBN Co, Telstra Health, Telstra Digital Ambassadors and SRCWA Tech Savvy Seniors Program Manager Martin Yates. At the start of his "Use of Digital Devices for Photography" presentation Martin invited a member from the audience "Roving Selfie Stick Man" to take a shot from the stage with him and the crowd in the background.

The static displays in attendance were NBN Australia, Camera Electronic, Independent Living Centre WA and Telstra thank you for your support. Camera Electronic donated a Digital Camera as the door prize, won by Wendy Stewart of Nollamara. Wendy was very excited to win the camera as she had wanted to join SRCWA's Seniors Photo Walks, we can't wait to help you give your prize a workout.

A vote of thanks goes to Boyd, Naomi, Jodi and the digital ambassadors from Telstra, to the wonderful volunteers and staff from SRCWA, for making this event a great success. To Dept of Local Government, Sport & Cultural Industry, Dept of Communities and Have a Go News for their ongoing support.

LiveLighter Seniors Activity Information Day Peel

On Thursday 21st June SRCWA conducted a Seniors LiveLighter Activity/Information Day at the Masonic Lodge in Furnissdale. 120 enthusiastic and active seniors came along and enjoyed a morning of activities and information sharing. One of the most popular activities on the day was the warm up activity from the Fit and Flexi program lead by Robyn Lister.

Information was provided by Australian Hearing, BreastScreen WA, City of Mandurah, Enrich Living, Independent Living Centre, LiveLighter Healthway, Mandurah Croquet Club, RAAFA Connect, Seniors Card Office, Seniors Recreation Council of WA, Shire of Murray Library & Recreation Centre & Silver Chain.

Activities on the day included Fit & Flexi program, Strong on Your Feet, Exergaming, Carpet Bowls, Skittles, Bean Bag Toss, Pole Walking, Totem Tennis, Croquet and Giant Darts. It was wonderful to see so many seniors "Having a Go" at the many activities on offer.

SRCWA Peel Branch volunteers and the Mandurah Lions Club provided a delicious lunch that was accompanied by entertainment by Eddie Storm & Piano Man George Boyer who had people dancing and singing.

Congratulations to SRCWA volunteers and staff, Peel Branch president Jan McGlenn and her dedicated volunteers on a magnificent event.

Sponsors of this event were LiveLighter Healthway, Shire of Mundaring, Dept of Local Government, Sport & Cultural Industry, Dept. of Communities and Have a Go News.

HAVE A GO DAY 2018, A LIVELIGHTER EVENT

Have a Go Day 2018 a LiveLighter Event, 14th November at Burswood Park 9am to 3pm

REGISTRATION NOW OPEN and filling fast.

Have a Go Day, a LiveLighter Event is an activity/information sharing event for over 50's and last year attracted an attendance of 15,000 participants and 230 exhibitors.

Registration forms are now available for Clubs/Groups, Not for Profit agencies and Commercial entities; forms can be obtained by calling 9492 9773.

For details of events and programs run by Seniors Recreation Council of WA visit our website www.srcwa.asn.au